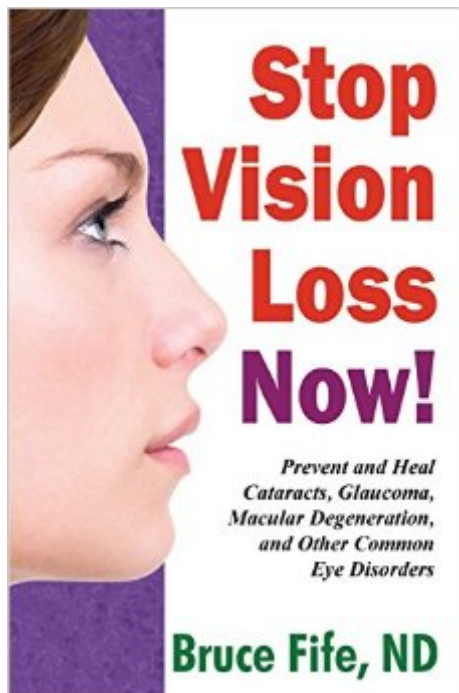


The book was found

Stop Vision Loss Now!: Prevent And Heal Cataracts, Glaucoma, Macular Degeneration And Other Common Eye Disorders



Synopsis

Losing your eyesight is a frightening thought. Yet, every five seconds someone in the world goes blind. Most causes of visual impairment are caused by age-related diseases such as cataracts, glaucoma, macular degeneration, and diabetic retinopathy. Modern medicine has no cure for these conditions. Treatment usually involves managing the symptoms and attempting to slow the progression of the disease. In some cases surgery is an option, but there is always the danger of adverse side effects that can damage the eyes even further. Most chronic progressive eye disorders are considered incurable, hopeless. However, there is a successful treatment. It doesn't involve surgery, drugs, or invasive medical procedures. All that is needed is a proper diet. The key to this diet is coconut, specifically coconut oil. The author used this method to cure his own glaucoma, something standard medical therapy is unable to do. The coconut based dietary program described in this book has the potential to help prevent and treat many common visual problems including the following: cataracts, glaucoma, macular degeneration, diabetic retinopathy, dry eye syndrome, Sjogren's syndrome, optic neuritis, irritated eyes, conjunctivitis (pink eye), and eye disorders related to neurodegenerative disease (Alzheimer's, Parkinson's, stroke, MS). Most chronic eye disorders come without warning. No one can tell who will develop a visual handicap as they age. Everybody is at risk. Once the disease is present, treatment is a lifelong process. The best solution is prevention. In this book, you will learn the basic underlying causes for the most common degenerative eye disorders and what you can do to prevent, stop, and even reverse them.

Book Information

Paperback: 256 pages

Publisher: Piccadilly Books, Ltd (October 1, 2015)

Language: English

ISBN-10: 0941599965

ISBN-13: 978-0941599962

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (15 customer reviews)

Best Sellers Rank: #67,493 in Books (See Top 100 in Books) #11 in [Books > Medical Books > Medicine > Surgery > Ophthalmology](#) #15 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Eye Problems](#) #81 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > General](#)

Customer Reviews

Disclosure: I was contacted by the author, who sent me a review copy of this book free of charge. The ability to see is something we usually take for granted until we start having problems. Loss of vision due to cataracts, glaucoma, and macular degeneration becomes more common as we age, but eye problems can develop throughout the life cycle. I've had several eye disorders: bilateral strabismus ("lazy eye") requiring surgery when I was seven, medium myopia (nearsightedness) since around that age, and most recently presbyopia ("old eyes" -- farsightedness after the age of 40). I also have a strong family history of glaucoma, so doing whatever I can to preserve the sight I have is extremely important to me. Dr. Bruce Fife is a naturopath, certified nutritionist, and director of the Coconut Research Center. He's a prolific author, having written 20 books based on his extensive review of the literature on the benefits of coconut oil and its medium-chain triglycerides (MCTs). In his latest book, *Stop Vision Loss Now!*, he provides evidence that a well-balanced, nutrient-rich, very-low-carbohydrate diet supplemented with coconut oil may help to prevent and even reverse some of the most common eye disorders associated with aging. The major concept of the book is that the eyes are an extension of the brain, so whatever keeps the brain healthy and well nourished will do the same for the eyes. There's a growing body of research demonstrating that maintaining blood glucose and insulin levels as close to normal as possible can help preserve brain function and reduce the risk for Alzheimer's disease and other forms of dementia. According to Dr.

[Download to continue reading...](#)

Stop Vision Loss Now!: Prevent and Heal Cataracts, Glaucoma, Macular Degeneration and Other Common Eye Disorders
Eat Right for Your Sight: Simple, Tasty Recipes that Help Reduce the Risk of Vision Loss from Macular Degeneration
Third Eye: Awakening Your Third Eye Chakra: Beginner's Guide (Third Eye, Third Eye Chakra, Third Eye Awakening, Chakras)
Third Eye: Third Eye Activation Secrets (Third Eye Awakening, Pineal Gland, Third Eye Chakra, Open Third Eye)
Curing Your Own Cataracts: How to Dissolve, Reverse, & Halt Advancing Cataracts with Herbs, Homeopathy, Light Therapy, Antioxidants, Nutrition, Low Level ... & More! (Alternative Medicine Book 1)
Macular Degeneration: The Complete Guide to Saving and Maximizing Your Sight
The First Year: Age-Related Macular Degeneration: An Essential Guide for the Newly Diagnosed
Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality)
Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit

Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Stop
Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis &
Other Neurodegenerative Disorders The Comprehensive Hair Loss Guide: Hair Loss Treatment and
Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair
Loss ... Loss Remedies, Hair Loss Cure, Alopecia) Hair: Hair Loss: Learn About Hair Loss
Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss
Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) The Eye Care Revolution::
Prevent And Reverse Common Vision Problems, Revised And Updated Weight Loss: 30 Days
Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into
Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) Change Your
Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life
(Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating) Stop Drinking
Now: The Easy Way To Stop Drinking (I Need To Stop Drinking) Hair Loss Prevention: #1 Hair Loss
Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss
Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Living in "The Now" in
Easy Steps (Understanding Eckhart Tolle, Dalai Lama, Krishnamurti, Meister Eckhart and more!): 7
Lessons & Exercises to Stop Your ... Live in the Now (The Secret of Now Book 1) Eye Contacts,
Lasik Eye Surgery, Or Eyeglasses: The Pros and The Cons (Blue Contacts,Discount Contact
Lenses,Eye Lenses,Prescription Colored Contacts) Third Eye Awakening:The Ultimate Guide on
How to Open Your Third Eye Chakra to Experience Higher Consciousness and a State of
Enlightenment (Third Eye, Pineal Gland, Chakra, Kundalini)

[Dmca](#)